The APA is offering a number of "emerging measures" for further research and clinical evaluation. These patient assessment measures were developed to be administered at the initial patient interview and to monitor treatment progress. They should be used in research and evaluation as potentially useful tools to enhance clinical decision-making and not as the sole basis for making a clinical diagnosis. Instructions, scoring information, and interpretation guidelines are provided; further background information can be found in DSM-5. The APA requests that clinicians and researchers provide further data on the instruments' usefulness in characterizing patient status and improving patient care at <a href="http://www.dsm5.org/Pages/Feedback-Form.aspx">http://www.dsm5.org/Pages/Feedback-Form.aspx</a>.

Measure: The Personality Inventory for DSM-5 (PID-5)—Adult Rights granted: This measure can be reproduced without permission by researchers and by clinicians for use with their patients. Rights holder: American Psychiatric Association To request permission for any other use beyond what is stipulated above, contact: http://www.appi.org/CustomerService/Pages/Permissions.aspx

# The Personality Inventory for DSM-5 (PID-5)—Adult

lame/I	D: Age:	Sex: 🛛 Ma	le 🛛 Female	Date:			
Inst	ructions to the individual receiving care: This is a list of things differ	ent people r	night sav abou	it themselves.	We are		
	rested in how you would describe yourself. There are no "right" or '					Clinician	
	estly as possible, we will keep your responses confidential. We'd like					Use	
care	carefully, selecting the response that best describes you.						
		Very False	Sometimes	Sometimes	Very True	Item	
		or Often	or Somewhat	or Somewhat	or Often	score	
		False	False	True	True	score	
1	I don't get as much pleasure out of things as others seem to.	0	1	2	3		
2	Plenty of people are out to get me.	0	1	2	3		
3	People would describe me as reckless.	0	1	2	3		
4	I feel like I act totally on impulse.	0	1	2	3		
5	I often have ideas that are too unusual to explain to anyone.	0	1	2	3		
6	I lose track of conversations because other things catch my attention.	0	1	2	3		
7	I avoid risky situations.	0	1	2	3		
8	When it comes to my emotions, people tell me I'm a "cold fish".	0	1	2	3		
9	I change what I do depending on what others want.	0	1	2	3		
10	I prefer not to get too close to people.	0	1	2	3		
11	I often get into physical fights.	0	1	2	3		
12	I dread being without someone to love me.	0	1	2	3		
13	Being rude and unfriendly is just a part of who I am.	0	1	2	3		
14	I do things to make sure people notice me.	0	1	2	3		
15	I usually do what others think I should do.	0	1	2	3		
16	I usually do things on impulse without thinking about what might happen as a result.	0	1	2	3		
17	Even though I know better, I can't stop making rash decisions.	0	1	2	3		
18	My emotions sometimes change for no good reason.	0	1	2	3		
19	I really don't care if I make other people suffer.	0	1	2	3		
20	I keep to myself.	0	1	2	3		
21	I often say things that others find odd or strange.	0	1	2	3		
22	I always do things on the spur of the moment.	0	1	2	3		
23	Nothing seems to interest me very much.	0	1	2	3		
24	Other people seem to think my behavior is weird.	0	1	2	3		
25	People have told me that I think about things in a really strange way.	0	1	2	3		
26	l almost never enjoy life.	0	1	2	3		
27	I often feel like nothing I do really matters.	0	1	2	3		
28	I snap at people when they do little things that irritate me.	0	1	2	3		
29	I can't concentrate on anything.	0	1	2	3		
30	l'm an energetic person.	0	1	2	3		
31	Others see me as irresponsible.	0	1	2	3		
32	I can be mean when I need to be.	0	1	2	3		
33	My thoughts often go off in odd or unusual directions.	0	1	2	3		
34	I've been told that I spend too much time making sure things are exactly in place.	0	1	2	3		
35	I avoid risky sports and activities.	0	1	2	3		
36	I can have trouble telling the difference between dreams and waking life.	0	1	2	3		

PID-5—Adult (Full Version), page 1

Krueger RF, Derringer J, Markon KE, Watson D, Skodol AE. Copyright ©2013 American Psychiatric Association. All Rights Reserved. This material can be reproduced without permission by researchers and by clinicians for use with their patients.

	Instructions to individual receiving care: Please continue to complete the questionnaire. Remember, this is a list of things							
or "wrong" answers. So you can describe yourself as honesity as possible, we will keep your response school best describes you.   Use   Use   Use   Use   Item of the statement carfully, selecting the response that best describes you.   Use you to take your time and read each statement carfully, selecting the response that best describes you.   Use you for the statement of the statement			-			-	Clinician	
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70Others seem to think I'm quite odd or unusual.012371My thoughts are strange and unpredictable.0123	69		0	1	2	2		
71My thoughts are strange and unpredictable.0123	55			-		5		
			0	1		3		
72I don't care about other people's feelings.0123			0	1	2	3		
	72	I don't care about other people's feelings.	0	1	2	3		

#### PID-5—Adult (Full Version), page 2

<b>Instructions to individual receiving care:</b> Please continue to complete the questionnaire. Remember, this is a list of things different people might say about themselves. We are interested in how you would describe yourself. There are no "right"							
or "wrong" answers. So you can describe yourself as honestly as possible, we will keep your responses confidential. We'd like you to take your time and read each statement carefully, selecting the response that best describes you.							
like		Very False	Sometimes or Somewhat False	Sometimes	Very True or Often True	Item score	
73	You need to step on some toes to get what you want in life.	0	1	2	3		
73 74		0	1	2	3		
	I love getting the attention of other people.	0					
75	I go out of my way to avoid any kind of group activity.		1	2	3		
76	I can be sneaky if it means getting what I want.	0	1	2	3		
77	Sometimes when I look at a familiar object, it's somehow like I'm seeing it for the first time.	0	1	2	3		
78	It is hard for me to shift from one activity to another.	0	1	2	3		
79	I worry a lot about terrible things that might happen.	0	1	2	3		
80	I have trouble changing how I'm doing something even if what I'm doing isn't going well.	0	1	2	3		
81	The world would be better off if I were dead.	0	1	2	3		
82	I keep my distance from people.	0	1	2	3		
83	I often can't control what I think about.	0	1	2	3		
84	I don't get emotional.	0	1	2	3		
85	I resent being told what to do, even by people in charge.	0	1	2	3		
86	I'm so ashamed by how I've let people down in lots of little ways.	0	1	2	3		
87	I avoid anything that might be even a little bit dangerous.	0	1	2	3		
88	I have trouble pursuing specific goals even for short periods of time.	0	1	2	3		
89		0	1	2	3		
90	I prefer to keep romance out of my life.	0	1	2	3		
	I would never harm another person.	-	-				
91	I don't show emotions strongly.	0	1	2	3		
92	I have a very short temper.	0	1	2	3		
93	I often worry that something bad will happen due to mistakes I made in the past.	0	1	2	3		
94	I have some unusual abilities, like sometimes knowing exactly what someone is thinking.	0	0 1	2	3		
95	I get very nervous when I think about the future.	0	1	2	3		
96	I rarely worry about things.	0	1	2	3		
97	I enjoy being in love.	0	1	2	3		
98	I prefer to play it safe rather than take unnecessary chances.	0	1	2	3		
99	I sometimes have heard things that others couldn't hear.	0	1	2	3		
100	I get fixated on certain things and can't stop.	0	1	2	3		
101	People tell me it's difficult to know what I'm feeling.	0	1	2	3		
102	I am a highly emotional person.	0	1	2	3		
103	Others would take advantage of me if they could.	0	1	2	3		
104	I often feel like a failure.	0	1	2	3		
105	If something I do isn't absolutely perfect, it's simply not acceptable.	0	1	2	3		
106	I often have unusual experiences, such as sensing the presence of someone who isn't actually there.	0	1	2	3		
107	-	0	1	2	3		
107	I'm good at making people do what I want them to do.		1	2			
108	I break off relationships if they start to get close.	0	1	2	3		
109	I'm always worrying about something.	0	1	2	3		
110	I worry about almost everything.	0	1	2	3		

#### PID-5—Adult (Full Version), page 3

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Instr	Instructions to individual receiving care: Please continue to complete the questionnaire. Remember, this is a list of things							
diffe	rent people might say about themselves. We are interested in how	you would o	describe yours	elf. There are	no "right"	Clinician		
or "\	wrong" answers. So you can describe yourself as honestly as possible	e, we will ke	ep your respo	nses confident	ial. We'd	Use		
like	like you to take your time and read each statement carefully, selecting the response that best describes you.							
		Very False	Sometimes	Sometimes	Very True	ltere		
		or Often	or Somewhat	or Somewhat	or Often	Item		
		False	False	True	True	score		
111	I like standing out in a crowd.	0	1	2	3			
112	I don't mind a little risk now and then.	0	1	2	3			
113	My behavior is often bold and grabs peoples' attention.	0	1	2	3			
114	I'm better than almost everyone else.	0	1	2	3			
115	People complain about my need to have everything all arranged.	0	1	2	3			
116	I always make sure I get back at people who wrong me.	0	1	2	3			
117	I'm always on my guard for someone trying to trick or harm me.	0	1	2	3			
11/	I have trouble keeping my mind focused on what needs to be	0	1	2	5			
118	done.	0	1	2	3			
119	I talk about suicide a lot.	0	1	2	3			
120	I'm just not very interested in having sexual relationships.	0	1	2	3			
121	I get stuck on things a lot.	0	1	2	3			
122	I get emotional easily, often for very little reason.	0	1	2	3			
123	Even though it drives other people crazy, I insist on absolute perfection in everything I do.	0	1	2	3			
124	I almost never feel happy about my day-to-day activities.	0	1	2	3			
125	Sweet-talking others helps me get what I want.	0	1	2	3			
126	Sometimes you need to exaggerate to get ahead.	0	1	2	3			
120	I fear being alone in life more than anything else.	0	1	2	3			
128	I get stuck on one way of doing things, even when it's clear it won't work.	0	1	2	3			
129	I'm often pretty careless with my own and others' things.	0	1	2	3			
129	I am a very anxious person.	0	1	2	3			
130	People are basically trustworthy.	0	1	2	3			
131	I am easily distracted.	0	1	2	3			
132	•							
	It seems like I'm always getting a "raw deal" from others.	0	1	2	3			
134	I don't hesitate to cheat if it gets me ahead.	0	1	2	3			
135	I check things several times to make sure they are perfect.	0	1	2	3			
136	I don't like spending time with others.	0	1	2	3			
137	I feel compelled to go on with things even when it makes little sense to do so.	0	1	2	3			
138	I never know where my emotions will go from moment to moment.	0	1	2	3			
139	I have seen things that weren't really there.	0	1	2	3			
140	It is important to me that things are done in a certain way.	0	1	2	3			
141	I always expect the worst to happen.	0	1	2	3			
142	I try to tell the truth even when it's hard.	0	1	2	3			
143	I believe that some people can move things with their minds.	0	1	2	3			
144	I can't focus on things for very long.	0	1	2	3			
145	I steer clear of romantic relationships.	0	1	2	3			
146	I'm not interested in making friends.	0	1	2	3			
147	I say as little as possible when dealing with people.	0	1	2	3			
148	I'm useless as a person.	0	1	2	3			
_	· · · · F · · ·	-	_	_				

					6.1.1			
	uctions to individual receiving care: Please continue to complete th	-			-			
	rent people might say about themselves. We are interested in how	-	-		-	Clinician Use		
	or "wrong" answers. So you can describe yourself as honestly as possible, we will keep your responses confidential. We'd							
like you to take your time and read each statement carefully, selecting the response that best describes you.								
		-	Sometimes	Sometimes	Very True	Item		
				or Somewhat		score		
		False	False	True	True			
	I'll do just about anything to keep someone from abandoning me.	0	1	2	3			
150	Sometimes I can influence other people just by sending my	0	1	2	3			
	thoughts to them.	Ŭ	-	-	5			
151	Life looks pretty bleak to me.	0	1	2	3			
152	I think about things in odd ways that don't make sense to most	0	1	2	3			
152	people.	Ŭ	-	2	5			
153	I don't care if my actions hurt others.	0	1	2	3			
154	Sometimes I feel "controlled" by thoughts that belong to someone	0	1	2	3			
154	else.	0	Ŧ	2	5			
155	I really live life to the fullest.	0	1	2	3			
156	I make promises that I don't really intend to keep.	0	1	2	3			
	Nothing seems to make me feel good.	0	1	2	3			
158	I get irritated easily by all sorts of things.	0	1	2	3			
	I do what I want regardless of how unsafe it might be.	0	1	2	3			
	I often forget to pay my bills.	0	1	2	3			
	I don't like to get too close to people.	0	1	2	3			
	I'm good at conning people.	0	1	2	3			
	Everything seems pointless to me.	0	1	2	3			
	I never take risks.	0	1	2	3			
	I get emotional over every little thing.	0	1	2	3			
		0		2	3			
	It's no big deal if I hurt other peoples' feelings. I never show emotions to others.	-	1					
		0	1	2	3			
-	I often feel just miserable.	0	1	2	3			
	I have no worth as a person.	0	1	2	3			
-	I am usually pretty hostile.	0	1	2	3			
171	I've skipped town to avoid responsibilities.	0	1	2	3			
172	I've been told more than once that I have a number of odd quirks	0	1	2	3			
	or habits.							
	I like being a person who gets noticed.	0	1	2	3			
	I'm always fearful or on edge about bad things that might happen.	0	1	2	3			
	I never want to be alone.	0	1	2	3			
1/6	I keep trying to make things perfect, even when I've gotten them	0	1	2	3			
170	as good as they're likely to get.	0	T	2	5			
177	I rarely feel that people I know are trying to take advantage of me.	0	1	2	3			
178	I know I'll commit suicide sooner or later.	0	1	2	3			
179	I've achieved far more than almost anyone I know.	0	1	2	3			
180	I can certainly turn on the charm if I need to get my way.	0	1	2	3			
181	My emotions are unpredictable.	0	1	2	3			
182	I don't deal with people unless I have to.	0	1	2	3			
183	I don't care about other people' problems.	0	1	2	3			
184	I don't react much to things that seem to make others emotional.	0	1	2	3			
185	I have several habits that others find eccentric or strange.	0	1	2	3			
185	l avoid social events.	0	1	2	3			
100		0	1	2	5			

Instructions to individual receiving care: Please continue to complete the questionnaire. Remember, this is a list of things							
	-	-			-	Clinician	
	rent people might say about themselves. We are interested in how	-	-		-	Clinician Use	
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пке							
		-	or Somewhat	Sometimes	Very True or Often	Item	
		False	False	True		score	
107	I deserve special treatment	0			True 3		
187	I deserve special treatment.	0	1	2	5		
188	It makes me really angry when people insult me in even a minor way.	0	1	2	3		
189	I rarely get enthusiastic about anything.	0	1	2	3		
190	I suspect that even my so-called "friends" betray me a lot.	0	1	2	3		
191	I crave attention.	0	1	2	3		
192	Sometimes I think someone else is removing thoughts from my head.	0	1	2	3		
193	I have periods in which I feel disconnected from the world or from myself.	0	1	2	3		
194	I often see unusual connections between things that most people miss.	0	1	2	3		
195	I don't think about getting hurt when I'm doing things that might be dangerous.	0	1	2	3		
196	I simply won't put up with things being out of their proper places.	0	1	2	3		
197	I often have to deal with people who are less important than me.	0	1	2	3		
198	I sometimes hit people to remind them who's in charge	0	1	2	3		
199	I get pulled off-task by even minor distractions.	0	1	2	3		
200	I enjoy making people in control look stupid.	0	1	2	3		
201	I just skip appointments or meetings if I'm not in the mood.	0	1	2	3		
202	I try to do what others want me to do.	0	1	2	3		
203	I prefer being alone to having a close romantic partner.	0	1	2	3		
204	I am very impulsive.	0	1	2	3		
205	I often have thoughts that make sense to me but that other	0	1	2	3		
	people say are strange.						
206	I use people to get what I want.	0	1	2	3		
207	I don't see the point in feeling guilty about things I've done that have hurt other people.	0	1	2	3		
208	Most of the time I don't see the point in being friendly.	0	1	2	3		
209	I've had some really weird experiences that are very difficult to explain.	0	1	2	3		
210	I follow through on commitments.	0	1	2	3		
211	I like to draw attention to myself.	0	1	2	3		
212	I feel guilty much of the time.	0	1	2	3		
213	I often "zone out" and then suddenly come to and realize that a lot of time has passed.	0	1	2	3		
214	Lying comes easily to me.	0	1	2	3		
215	I hate to take chances.	0	1	2	3		
215	I'm nasty and short to anybody who deserves it.	0	1	2	3		
217	Things around me often feel unreal, or more real than usual.	0	1	2	3		
218	I'll stretch the truth if it's to my advantage.	0	1	2	3		
210	It is easy for me to take advantage of others.	0	1	2	3		
220	I have a strict way of doing things.	0	1	2	3		
		9	-	_	, , , , , , , , , , , , , , , , , , ,		

### Personality Trait Facet and Domain Scoring: The Personality Inventory for DSM-5 (PID-5)—Adult

<u>Step 1:</u> Reverse the scores on the following items (i.e., 3 becomes 0, 2 becomes 1, 1 becomes 2, and 0 becomes 3): 7, 30, 35, 58, 87, 90, 96, 97, 98, 131, 142, 155, 164, 177, 210, and 215.

<u>Step 2:</u> Compute the Personality Trait Facet Scores using the Facet Table below. As a reminder, the reverse scored items from Step 1 are marked with the letter R in the Table (e.g., 7R).

<u>Step 3:</u> Compute the Personality Trait Domain Scores using the Domain Table below.

A. Personality Trait Facet	B. PID-5 items	C. Total/Partial Raw Facet Score	D. Prorated Raw Facet Score	E. Average Facet Score
Anhedonia	1, 23, 26, <i>30R</i> , 124, <i>155R</i> , 157, 189			
Anxiousness	79, 93, 95, <i>96R</i> , 109, 110, 130, 141, 174			
Attention Seeking	14, 43, 74, 111, 113, 173, 191,211			
Callousness	11, 13, 19, 54, 72, 73, <i>90R</i> , 153, 166, 183, 198, 200, 207, 208			
Deceitfulness	41, 53, 56, 76, 126, 134, <i>142R</i> , 206, 214, 218			
Depressivity	27, 61, 66, 81, 86, 104, 119, 148, 151, 163, 168, 169, 178, 212			
Distractibility	6, 29, 47, 68, 88, 118, 132, 144, 199			
Eccentricity	5, 21, 24, 25, 33, 52, 55, 70, 71, 152, 172,185, 205			
Emotional Lability	18, 62, 102, 122, 138, 165, 181			
Grandiosity	40, 65, 114, 179, 187, 197			
Hostility	28, 32, 38, 85, 92, 116, 158, 170, 188, 216			
Impulsivity	4, 16, 17, 22, <i>58R</i> , 204			
Intimacy Avoidance	89, <i>97R</i> , 108, 120, 145, 203			
Irresponsibility	31, 129, 156, 160, 171, 201, <i>210R</i>			
Manipulativeness	107, 125, 162, 180, 219			
Perceptual Dysregulation	36, 37, 42, 44, 59, 77, 83, 154, 192, 193, 213, 217			
Perseveration	46, 51, 60, 78, 80, 100, 121, 128, 137			
Restricted Affectivity	8, 45, 84, 91, 101, 167, 184			
Rigid Perfectionism	34, 49, 105, 115, 123, 135, 140, 176, 196, 220			
Risk Taking	3, 7R, 35R, 39, 48, 67, 69, 87R, 98R, 112, 159, 164R, 195, 215R			
Separation Insecurity	12, 50, 57,64, 127, 149, 175			
Submissiveness	9, 15, 63, 202			
Suspiciousness	2, 103, 117, <i>131R</i> , 133, <i>177R</i> , 190			
Unusual Beliefs & Experiences	94, 99, 106, 139, 143, 150, 194, 209			
Withdrawal	10, 20, 75, 82, 136, 146, 147, 161, 182, 186			

A. Personality Trait Domain	B. PID-5 Facet Scales Contributing Primarily to Domain	C. Total of Average Facet Scores (from column E of Facet Table)	D. Overall Average of Facet Scores (The total in column C of this table divided by 3 [i.e., the number of scales listed in column B])
Negative Affect	Emotional Lability, Anxiousness, Separation Insecurity		
Detachment	Withdrawal, Anhedonia, Intimacy Avoidance		
Antagonism	Manipulativeness, Deceitfulness, Grandiosity		
Disinhibition	Irresponsibility, Impulsivity, Distractibility		
Psychoticism	Unusual Beliefs & Experiences, Eccentricity, Perceptual Dysregulation		

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#### **Instructions to Clinicians**

This Personality Inventory for DSM-5 (PID-5)—Adult is a 220 item self-rated personality trait assessment scale for adults age 18 and older. It assesses 25 personality trait facets including Anhedonia, Anxiousness, Attention Seeking, Callousness, Deceitfulness, Depressivity, Distractibility, Eccentricity, Emotional Lability, Grandiosity, Hostility, Impulsivity, Intimacy Avoidance, Irresponsibility, Manipulativeness, Perceptual Dysregulation, Perseveration, Restricted Affectivity, Rigid Perfectionism, Risk Taking, Separation Insecurity, Submissiveness, Suspiciousness, Unusual Beliefs and Experiences, and Withdrawal, with each trait facet consisting of 4 to 14 items. Specific triplets of facets (groups of three) can be combined to yield indices of the five broader trait domains of Negative Affect, Detachment, Antagonism, Disinhibition, and Psychoticism. The measure is completed by the individual prior to a visit with the clinician. Each item asks the individual to rate how well the item describes him or her generally.

#### **Scoring and Interpretation**

Each item on the measure is rated on a 4-point scale. The response categories for the items are 0=very false or often false; 1=sometimes or somewhat false; 2=sometimes or somewhat true; 3=very true or often true. For items 7, 30, 35, 58, 87, 90, 96, 97, 98, 131, 142, 155, 164, 177, 210, and 215, the items are reverse-coded prior to entering into scale score computations (see instructions above).

The scores on the items within each trait facet should be summed and entered in the appropriate raw facet score box. In addition, the clinician is asked to calculate and use <u>average scores for each facet and domain</u>. The average scores reduce the overall score as well as the scores for each domain to a 4-point scale, which allows the clinician to think of the individual's personality dysfunction relative to observed norms.<sup>1</sup> The <u>average facet score</u> is calculated by dividing the raw facet score by the number of items in the facet (e.g., if all the items within the "Anhedonia" facet are rated as being "sometimes or somewhat true," then the average facet score would be 16/8 = 2, indicating moderate anhedonia). The <u>average domain scores</u> are calculated by summing and then averaging the 3 facet scores contributing primarily to a specific domain. For example, if the average facet scores on Emotional Lability, Anxiousness, and Separation Insecurity (scales primarily indexing negative affect) are all 2, then the sum of these scores would be 6, and the average domain score would be 6/3 = 2. Higher average scores indicate greater dysfunction in a specific personality trait facet or domain.

**Note:** If more than 25% of the items within a trait facet are left unanswered, the corresponding facet score should not be used. Therefore, the individual receiving care should be encouraged to complete all of the items on the measure. Nevertheless, if 25% or less of the items are unanswered for a specific facet, you are asked to prorate the facet score by first summing the number of items that were answered to get a **partial raw score**. Next, multiply the partial raw score by the total number of items contributing to that facet (i.e., 4-14). Finally, divide the resulting value by the number of items that were actually answered to obtain the prorated total or domain raw score.

Prorated Score = <u>(Partial Raw Score x number of items on the PID-5)</u> Number of items that were actually answered

If the result is a fraction, round to the nearest whole number.

Domain scores should not be computed if <u>any</u> one of the three contributing facet scores cannot be computed because of missing item responses.

#### **Frequency of Use**

To track change in the severity of the individual's personality dysfunction over time, it is recommended that the measure be completed at regular intervals as clinically indicated, depending on the stability of the individual's symptoms and treatment status. Consistently high scores on a facet or domain may indicate significant and problematic areas for the individual receiving care that might warrant further assessment, treatment, and follow-up. Your clinical judgment should guide your decision.

<sup>1</sup>Krueger, R. F., Derringer, J., Markon, K. E., Watson, D., & Skodol, A. E. (2012). Initial construction of a maladaptive personality trait model and inventory for DSM-5. *Psychological Medicine*, *42*, 1879-1890.